

Meeting the Anesthesiologist

Before you receive anesthesia, your anesthesiologist will gather the information needed to evaluate your general health and provide your anesthesia plan. Laboratory tests may be ordered and other medical, surgical and anesthetic records will be reviewed. You may be asked to fill out a questionnaire about your previous anesthetic experience and any medical conditions and allergies you may have, and medications you may be taking.

Your anesthesiologist, an associate, or a pre-op nurse will interview you before your anesthesia. This interview will usually be a telephone call, but may involve a visit to the facility. Your anesthesiologist may also require you to visit your specialist (e.g. cardiologist) before surgery.

On the day of surgery you will meet your anesthesia team. An anesthesiologist will meet with you, review your medical information and talk about your anesthesia. You may also meet a nurse anesthetist who may participate closely in your care. You will have plenty of opportunity to ask questions and participate in decisions as appropriate.

There are four main types of anesthesia from which to choose.

- ◆ **General anesthesia** provides loss of consciousness.
- ◆ **Regional anesthesia** involves the injection of local anesthetic to provide numbness, loss of pain or loss of sensation to a particular region of the body. Regional anesthetic techniques include spinal blocks, epidural blocks and arm and leg blocks. Medication can be given to make you drowsy and blur your memory.
- ◆ **Monitored anesthesia care (MAC)** consists of local anesthetic injections as well as the use of medica-

tions to make you drowsy. As with other types of anesthesia, you are sedated, your anesthesiologist will monitor your vital body functions.

- ◆ **Local anesthesia**, which provides numbness to a small area, may be injected by your surgeon.

Your anesthesiologist will discuss the risks and benefits associated with the different anesthetic options.

MANAGED CARE PARTICIPATION

Loudoun Anesthesia Associates is not always contracted with the same insurance carriers as Inova Loudoun Hospital or CountrySide Ambulatory Surgery Center. We do make a good faith attempt to successfully contract with the same insurance companies as the hospital and the surgery center, but there are instances in which mutually beneficial terms cannot be agreed upon.

WE CURRENTLY PARTICIPATE IN THE FOLLOWING PLANS

- ◆ Aetna HMO and PPO
- ◆ Anthem BCBS and Healthkeepers
- ◆ Cigna HMO and PPO
- ◆ Medicare
- ◆ MAMSI (MDIPA & Optimum Choice)
- ◆ Alliance PPO
- ◆ National Capital PPO
- ◆ United Healthcare HMO and PPO

If your insurance company is not listed, we recommend that you contact your insurance company to discuss your out-of-network benefits prior to your surgery or procedure.

FEES AND INSURANCE

Our fees are competitive and based on several considerations such as the type of surgical procedure, the time required for the care, your health condition and age. The charge covers preoperative evaluation, administration of the anesthesia and medical management in the recovery room.

You will receive two bills for your anesthesia service. One is from the hospital, representing charges for the hospital equipment and drugs used during your anesthesia. The second will be from our private medical practice, Loudoun Anesthesia Associates, which represents the Anesthesiologist's and CRNA's professional fee.

Plans Which We Participate

Our experienced billing staff will file your primary and secondary claims and will assist you in ensuring the claim is paid properly. We provide this service for HMO and PPO commercial plans with which we participate, Medicare, Medicaid, Tricare, and worker's compensation.

You will receive a bill after your insurance has responded and has identified a balance that is your responsibility. Payment of your balance is due within 30 days from the receipt of your first statement. We accept cash, check, or credit card. **Balances remaining after 120 days will be considered delinquent and may be referred to our collection team.** This can be avoided by paying your balance promptly or by making payment arrangements with our billing staff.

Plans Which We Do Not Participate

Our experienced billing staff will file your claim with your primary insurance company. **You are responsible for filing any remaining balance with your secondary insurance company.** If required, we will provide you with the necessary paperwork for filing your secondary claim. You will receive a bill from us shortly after services have been rendered and will continue to do so until your balance has been paid in full.

We will file your primary claim within 72 hours from the date of service. If your insurance company has not responded within sixty days of the first filing, we will file your claim again. If there has been no response from your insurance company within 90 days from the date of service, we suggest that you call your insurance company to follow up on your claim.

It is your responsibility to ensure that your bill is paid in a timely manner. Balances remaining after **120 days will be considered delinquent and may be referred to our collection team.** This can be avoided by paying your balance promptly or by making payment arrangements with our billing staff.

Patients Without Insurance

Patients without insurance will receive a bill shortly after services have been rendered. Payment is due within 30 days after receipt of your first statement. We accept cash, check, or credit card. **Balances remaining after 120 days will be considered delinquent and may be referred to our collection team.** This can be avoided by paying your balance promptly or by making payment arrangements with our billing staff.

If you can demonstrate a financial hardship, you may qualify for a payment plan or charitable discount. For more information about this option, you may call our billing department at 703-433-9255.

Endoscopic Procedures

Some insurance companies may not pay for anesthesia services provided with upper gastrointestinal and lower intestinal endoscopic procedures unless they feel it is medically necessary. Since there are numerous benefit plans sold by insurance companies we recommend that you check with your insurance prior to your procedure to discuss your personal benefit coverage.

CALLING THE OFFICE

You may call our business office should you have any general questions regarding the anesthesia care received, 703-433-9230.

For billing and insurance questions, you may call our billing office at 703-433-9255



Loudoun Anesthesia Associates, LLC

PATIENT INFORMATION BROCHURE



Commitment to Excellence

COMMITMENT TO EXCELLENCE

Loudoun Anesthesia Associates, LLC (LAA) is a private group practice consisting of 14 Board-Certified Anesthesiologists and 16 Certified Registered Nurse Anesthetists. The group has been providing quality clinical anesthesia services to Inova Loudoun Hospital for over twelve years.

Our mission is to provide quality and compassionate healthcare accessible to the entire Loudoun community. We support the mission of the hospital and our group through managerial and business leadership and expertise. We are dedicated to the creation of a continually improving quality healthcare team that exceeds the expectations of our patients, physician colleagues and hospital leadership.

Our team of providers is dedicated to:

- ◆ Creating and maintaining a safe perioperative environment;
- ◆ Creating a pleasant experience for our patients;
- ◆ Fostering open and comprehensive communication between our physician and nursing colleagues;

Subspecialty Anesthesiology Services Including:

- ◆ Ambulatory Care Anesthesia
- ◆ Orthopedic Anesthesia
- ◆ Acute Pain Management
- ◆ Chronic Pain Management
- ◆ Anesthetic Consultative Services
- ◆ Thoracic Anesthesia
- ◆ Obstetric Anesthesia

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